

NEWSLETTER

Cherrybrook Public School



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Term 3 Week 7

Tuesday 8 September 2009

RELIEVING PRINCIPAL'S REPORT

... .. Mrs Glynis Bridgwood

STAFF MATTERS

Mrs Stewart will be continuing in her role as Project Officer for Disability Programs for the remainder of Term 3.

We welcome to our school Miss McCulloch who will be teaching 6L for the rest of the term. Miss McCulloch is an experienced Stage 3 teacher and we are fortunate that she is available to take 6L. We thank Mr Edwards for the wonderful job he did teaching 6L. Mr Edwards had commitments elsewhere until the end of term.

HILLS MUSIC FESTIVAL

What a fabulous concert last Thursday evening at The Hills Centre with our children participating in the mass choir as well as the brilliant performances from our three dance groups and our drama group. A huge thank you to Mrs Anselin for coordinating the event and to Mr Cowen for assisting her, as well as conducting the mass choir so expertly. Thanks also to Mrs Cook and Mrs Thorogood for their work in preparing the dance groups and to Mrs Chant who assisted back stage on the night.

DANCE GROUPS

Our boys dance group and our senior girls dance group entertained our senior citizens last Friday across the road in the church hall. They were warmly received and very much appreciated. After the performance the children spent time chatting with their very receptive audience which was wonderful.

A huge congratulations to our senior girls dance group who have been selected to participate in the Dance of the Champions competition to be filmed by Channel 10 on Sunday 27 September. This is in recognition of their outstanding success this year. Our school is the only primary school that has ever been asked to participate. The organisers said that our standard was so high we were eligible to compete. Well done girls and your very excited teacher Mrs Thorogood!

BUILDING UPDATE

Our painting continues and I am sure that you would agree the rooms in A and G block look great.

We are currently having carpet and vinyl laid in 2K and 1V.

Our six new interactive whiteboards have been installed and the teachers and students are most excited about using them. Thank you to our P&C for funding the purchase of our boards.

We have been advised that building work is to commence next term as part of the Federal Government's Building Education Revolution. More news later.

RELIEVING DEPUTY PRINCIPAL'S REPORT

... .. Mr Glen Lakeman

GROUP PHOTOGRAPHS

Group photographs were held on Monday this week. There will be a few weeks until the samples of the photographs will be returned to school. At this point the students will be able to view the photographs and then receive a payment envelope to purchase photographs. A note regarding payment dates will be sent home once the sample photographs arrive at school.

ZONE ATHLETICS

Last Wednesday thirty two students competed at the Zone track events carnival. We had numerous excellent results.

Congratulations to all the students for their excellent behaviour, attitude and performances on the day. A special thank you to all the parents who provided transport and support on the day. Your involvement was much appreciated.

Good luck to all the competitors that will be competing at Regional Carnival in Week 8.

A special thank you to Miss Smith for her wonderful and thorough organisation of the Zone Carnival.

JUMP ROPE FOR HEART



We have many exciting things happening in our school at the moment. Thursday September 17 is our Jump Rope for Heart day.

Each child has been given a sponsorship form.

On the day, children will participate in a range of skipping activities with their grade. It has been so exciting to see the students skipping in the playground and hearing them talk so positively about the day!

LIVE OUTSIDE THE BOX

In Weeks 8 and 9 of this term, we would like the children to participate in an activity called Live Outside the Box. This activity is to be done at home. However, it compliments content covered in PDHPE.

During the two week period, children need to record the food they eat and the physical activity that they participate in. They are awarded points based on what they record.

Year 5 and 6 students will receive a booklet and K-4 students will receive a mini version. At the completion of the two weeks, children bring their activity booklets/ cards back to school so that follow-up work can be done in the classroom. Certificates will be awarded to students who complete the activity at home over the two week period.

Janelle Smith

CHANGE OF DATES FOR NORTH SYDNEY LEAGUE TAG GALA DAY

Our League Tag Gala Day will be held on Wednesday 18 November at Greenway Oval, Cherrybrook.

The North Sydney Championship is now on Tuesday 1 December at Cliff Oval, Wahroonga.

ZONE ATHLETICS 2009

Our Zone Carnival took place on Wednesday 26 August (Field events) and Wednesday 2 September (Track events). Traditionally between 500-1000 students from 21 Primary schools participate in one of Sydney's most competitive carnivals.

The 26 August was beautifully sunny and quite windy. All Cherrybrook students were primed and ready for their best efforts... and they didn't disappoint.

The heats of the 800m saw our students produce some wonderful performances. Owen G and Colleen C placed 1st in the boys and girls heats of the 11 years 800m, while Emma S also placed first in her heat of the Junior Girls 800m. Not to be outdone, Jack D placed 2nd in his heat of the 800m, while James C and Jack P placed 2nd and 3rd respectively in their heats of the Senior Boys 800m.

Our jumpers and throwers also made wonderful contributions to our school's overall performance. Fred M won the Junior Boys High Jump and John I placed 2nd in the Junior Boys Long Jump and 3rd in the Junior Boys High Jump. Similarly, our Senior Boys performed

splendidly, with Darcy W placing 3rd in the Senior Boys Shot Put and Jack P placing 3rd in the Senior Boys High Jump.

Cherrybrook can be equally proud of its girls as Colleen C won the 11 Yrs Girls High Jump and Emma S was awarded 3rd place in the Junior Girls High Jump.

A week passed and all our athletes had time to reflect on their successes and prepare for the upcoming track carnival. To this point, our results had been the best for many years and the team's expectations were appropriately high.

The 2 September was even more perfect than the 26 August. The sun again shone and the birds sung, but this time there was no wind! Our team was ready but we didn't really know what to expect. Pleasingly, high expectations were matched by some stellar performances.

Colleen C and Owen G have advanced to the Area Carnival by placing 1st and 2nd in their respective finals of the 11 Yrs 800m. If this wasn't impressive enough, Emma S placed 4th in the final of the Junior Girls 800m and Jack P and James C placed 4th and 5th respectively in the final of the Senior Boys 800m.

Middle distance running aside, our sprinters were perhaps even more impressive. John I, Emma S and Eliza W have all progressed to the Area Carnival. Emma placed 2nd in the 100 and 200m while Eliza was placed 3rd in the same 100m and 200m finals. John I went one step further and was Zone Champion in both 100m and 200m. Although not quite making it to the Area Carnival, Karthick S deserves to be congratulated for placing 4th in his final of the 100m.

Cherrybrook athletes in the heats of the Sprint events also achieved outstanding results. Colleen C and Madison D were first in their heats of the 200m. Michael C and Daniel B were second in their heats of the 200m and Owen G (4th), Dominique P (4th), and Grace M (5th) also achieved pleasing results in their heats of the 200m.

Perhaps the most exciting of all events at a carnival are the relays. All students are able to cheer for their school as it races around the track. Hence, a truly thrilling moment came when our Junior Girls Relay Team won their event and progressed to the Area Carnival!

In the end, a representative carnival is a chance to see our students show their talents. Our students represented themselves, their school and their parents with true distinction. This year their behaviour is the benchmark that future teams must aspire to – a big well done to all the students involved and thank you for the unwavering support of the parent community.

Mr David Mater

THE THREE TEACHERS

There once lived three teachers,
With all different features.

One had a nose,
As long as a hose.

Another had big ears,
Which she always fears.

The last one had a tail,
Which he thought was a nail.

All were very tired,
And this, the students admired.

For once when they settled to have a nap,
A boy turned on the tap.

And there they go!
The teachers all drowned...

Laura-Ann 4T

P & C NEWS

FATHER'S DAY STALL

I hope all our dads had a wonderful Father's Day on Sunday. I would like to thank Ingrid Waite for organising this year's Father's Day Stall and to all our volunteers who assisted with the purchasing, wrapping and selling including:

Nicola Fynes-Clinton, Karen Gardner, Narelle Adem, Louise DeStradis, Eleanor Formaggio, Jo Warner, Michelle Berry, Nicola Maconachie-Dykes, Maridy Morrison, Nicole Dickinson, Jodi Sparks, Liz Nielson, Alanna Paterson, Sharon Smith, Jigna Shah, Chamila Thushari, Mansi Narang, Petro Cloeraine, Shyama Ratham, Kay Morris and Stephanie Iredale, Julie and Pru.

Thanks also to the teachers for helping the children with their money and gift purchases. A special mention to KB who had all remembered to bring their money and who also had such lovely manners!

MOVIE NIGHT

Please look out for our notice regarding this year's Movie Night to be held on Saturday 7 November, featuring the movie, **Bedtime Stories**. The note has all the details for the night and we hope to see you all there.

P&C MEETING

The next P&C Meeting will be held Tuesday 8 September at 7.30pm in the Library. All welcome.

Jenny Rickard
President
P&C Committee

CANTEEN NEWS



If you are available to assist in the canteen for a day or even an hour or two, please drop in and see us or phone 9875 3269.

This Week's Roster:**Wednesday 9 September:**

Kimberley Macri, Petro Cloeraine,
11-1.45: Gabrielle Martin, Sam Macri.

Thursday 10 September:

Sharrie Hodder, Alison Winley,
11-1.45: **HELPER NEEDED.**

Friday 11 September:

Sharon Smith, Cassandra Collins, Maju Jacob,
Felicity King, Maria Amin.

Next Week's Roster:**Monday 14 September:**

Sonia Turner, Muriel Korte, Tracy Morsillo.

Tuesday 15 September:

Kerryn Goddard, **HELPER NEEDED,**
11-1.45: Bronwyn Cook.

Wednesday 16 September:

Bridget Robertson, Kareene Kavanagh,
11-1.45: Chris Downing.

Thursday 17 September:

Alanna Paterson, Cassandra Collins,
11-1.45: Chris Beer.

Friday 18 September:

Melissa Adams, Ingrid Waite, Maria Amin, **HELPER NEEDED.**

We thank all of the above parents and helpers/carers for their time given in helping to provide this service for the children of Cherrybrook Public School.

Nicole Digby and Sue Canty
Canteen Managers

THE BUSHLAND SHIRE FESTIVAL



As part of the Galston Springfest, Hornsby Shire Council will be holding a fun filled day for the family at Fagan Park, Galston on Sunday 20 September from 10.00am to 4.00pm.

Events include:

Dora the Explorer shows at 10.30am and 1.30pm
Kidz Magic World shows at 11.00am and 2.00pm
Crocodile Encounters show at 11.30am and 2.30pm
Animal farm
Wood chopping
Sheep shearing and whip cracking
Manly Oceanarium touch pool
APAC dance performances

Galston Rotary scarecrow gathering
Opening of the Eco Garden
Youth Zone including bike and skate shows
Food and market stalls
Kids rides

This is a free event and a free shuttle bus will be available from Hornsby Station. A \$5.00 donation for parking to Hornsby SES and Galston Fire Brigade applies.

For more information call 9847 6739 or visit www.hornsby.nsw.gov.au For upcoming events visit www.hillsrural.com.au

NORMANHURST BOYS' HIGH SCHOOL

INFORMATION MORNINGS FOR YEAR 7 2011

Normanhurst Boys' High School is an academically selective School of Excellence in Boys' Education.

Information mornings will be held in the School for those interested in the 2011 Year 7 selective intake on the following dates:

Thursday 1 October 2009	9.30am – 11.00am
Monday 19 October 2009	9.30am – 11.00am

For more information please contact the School by phone 9489 1077 or by email normanhurb-h.school@det.nsw.edu.au or visit their website www.normanhurb-h.schools.nsw.edu.au

HORNSBY GIRLS' HIGH SCHOOL

INFORMATION SESSION FOR YEAR 5 STUDENTS SEEKING ADMISSION IN 2011

Hornsby Girls' High School is a Selective High School for girls.

An invitation is extended to Year 5 students seeking admission to this Selective High School in 2011 to attend an Information Session on Monday 21 September from 9.00am-11.00am. Parents and students are asked to meet in the School Hall.

As there are no parking facilities available in the school grounds, parking at Westfield Shopping Centre is recommended.

For more information please contact the school by phone 9476 5711 or email hornsbygir-h.school@det.nsw.edu.au or visit their website www.hornsbygir-h.schools.nsw.edu.au

HORNSBY KU-RING-GAI HEALTH SERVICES PARENTING ANXIOUS CHILDREN

A seminar for parents of children aged 4-10 years discussing:

The nature of anxiety and the different ways it may present in children, risk factors and potential implications for parents and children, as well as identification of practical strategies and resources to assist.

Date: Thursday 24 September, 2009

Time: 10.30am – 12.30pm

Cost: \$10.00

Bookings essential: 9477 9190

TIPS FROM THE DET

TIME MANAGEMENT-SETTING PRIORITIES

1. Create a daily "to do" list.
2. List goals and set priorities.
3. Do 'A's' first (most important things).
4. Do it now.
5. Ask yourself "What is the best use of my time right now?"
6. Be realistic: New habits take time to develop, reward yourself for small achievements.

DIARY DATES

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| 9 September | Year 4 Bush Dance |
| 11 September | Primary Choral Festival Rehearsal
Cyclical Sport-Rotation 3
K-2 Assembly |
| 14 September | Live Outside the Box commences |
| 15 September | Kinder Gym |

