

# NEWSLETTER

## Cherrybrook Public School



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**Term 2 Week 7**

**Tuesday 9 June 2009**

### PRINCIPAL'S REPORT

... .. Mrs Anne Stewart

#### USE OF SCHOOL EMAIL

Modern technology is a wonderful tool but at times does not replace human contact. Our school email receives literally hundreds of emails each week, some pertinent to the daily running of the school and other unsolicited email and advertising.

The school email is accessed at an appropriate time during the day depending on what else is happening in the school.

I request that parents do not use the school email for urgent information or for information to be passed on to teachers as a convenience rather than writing a note to a class teacher. Direct communication with your child's teacher is still the most efficient and time effective means of communication. In the case of emergency changes to a child's travel arrangements, it is best to telephone the school office so a message can be passed onto the child involved. Thank you for your assistance in this matter.

#### P & C MEETING

At tonight's P & C meeting, Mrs Weatherdon will be discussing the ways in which we support our students who require some additional assistance with their learning. The meeting is held in the Library at 7.30pm. Everyone is welcome.

### DEPUTY PRINCIPAL'S REPORT

... .. Mrs Glynis Bridgwood

#### BAND NEWS

Congratulations to Leigh in 5J for receiving our first Bronze Award in band for this year. Leigh will receive her award at the next 3-6 assembly.

#### PSSA RESULTS

Our PSSA soccer and netball teams played Roselea PS last Friday at Greenway Oval.

The results were as follows:-

Senior A soccer team defeated Roselea 2-0

Senior B soccer team defeated Roselea 1-0

Senior A netball team defeated Roselea 23-1

Senior B netball team defeated Roselea 19-0

### CANTEEN NEWS

If you are available to assist in the canteen for a day or even an hour or two, please drop in and see us or phone 9875 3269.

#### **This week's Roster:**

##### **Wednesday 10 June:**

Bridget Robertson, Kareene Kavanagh,  
11-1.45: Chris Downing.

##### **Thursday 11 June:**

Alanna Paterson, Cassandra Collins,  
11-1.45: Chris Beer.

##### **Friday 12 June:**

Shiva Hosseini, Nicola Fynes –Clinton, Melissa  
Adams, Ingrid Waite.

#### **Next Week's Roster:**

##### **Monday 15 June:**

Louise Destradis, Allison Hession, Jodi Sparks.

##### **Tuesday 16 June:**

Brenda Magill, Vida David, Peens Babla.

##### **Wednesday 17 June:**

Narelle Cousins, Andy Skirka, **HELPER NEEDED.**

##### **Thursday 18 June:**

Jo Whereat, Michelle Gough, Sharrie Hodder.

##### **Friday 19 June:**

Jayne Spasojevic, Kylie Winkcup, Denise D'Amore,  
**HELPER NEEDED.**

#### **Special Note:**

**Just a reminder that we have some vacancies on our roster if you are able to help please contact us at the canteen on 9875 3269.**

We thank all of the above parents and helpers/carers for their time given in helping to provide this service for the children of Cherrybrook Public School.

Nicole Digby and Sue Canty.  
Canteen Managers



## BOOK FAIR

The Book Fair last week was a wonderful success and very popular, especially with Open Day visitors on Thursday.

Almost \$6500 was spent on purchases at the Fair and this enabled the school to keep \$1200 as a cash commission.

We are grateful to the families who donated books to the Library and these will soon be available for borrowing.

Mrs J McPhee  
Teacher Librarian

## HOMEWORK HELP

Want to help you child with their homework?

- Take an active interest in your child's homework.
- Support your child in setting aside time each day for homework.
- Provide a dedicated place for homework and study if possible.
- Assist teachers to monitor homework by signing completed work if requested, and be aware of the amount of homework set.
- Communicate with teachers any concerns about the nature of homework or your child's approach to homework.
- Encourage your children to read and take an interest in current events.
- Alert the school to any domestic circumstances or extra curricular activities which may need to be taken into consideration when homework is being set or marked.

## READING TIPS FOR HOME

Asking questions:

- helps children understand what the story is about.
- helps children to talk about their insights.
- enables us to share ideas with children.
- helps children to clarify their thoughts.

## DIARY DATES

- 11 June:** Area Cross Country  
**12 June:** PSSA Inter School Competition  
 K-2 Assembly  
**16 June:** Year 1 Gym  
 Year 6 Interrelate



## Managing your child's Asthma

Six steps to managing your child's asthma. Ask your doctor to assist you in managing your child's asthma according to the six-point plan below.

1. Know how severe your child's asthma is (ask your doctor).
2. Achieve best lung function - find out what to do, so that your child's lungs function at their best. The use of a peak flow meter or symptom score diary may help in determining the best lung function.
3. Maintain best lung function - avoid things, which trigger your child's asthma.
4. Optimise medication - use the lowest dose of medication possible to achieve the best lung function, without producing side effects.
5. Develop an asthma action plan with your doctor so that you know what to do during an attack of asthma.
6. Have your child's asthma checked regularly by your doctor, and learn as much as you can about the management of your child's asthma.

**Asthma Cycle of Care**

If your child has:

- symptoms on most days or nights
- uses an asthma reliever puffer more than 3 times per week
- has been in hospital with an asthma attack
- missed school due to asthma

**then see your GP to enrol in the Asthma Cycle of Care and get an Asthma Action Plan to help you take control of your asthma.**

T: 1800 645 130

E: [ask@asthmansw.org.au](mailto:ask@asthmansw.org.au)

W: [www.asthmansw.org.au](http://www.asthmansw.org.au)

